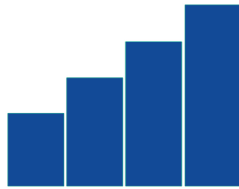




Coaching Skills for Leaders



Team Leader Foundations  
Teams365 from Potentials Realized

# Teams 365

Team Leader Foundation  
COACHING SKILLS FOR LEADERS  
Potentials Realized

This four week virtual program covers the foundations of coaching for team leaders, and aspiring team leaders.

Coaching is a critical skill set for leaders today, eliciting the best from their team. The Teams365 Coaching Skills for Leaders program provides participants with hands-on practice and development of core coaching skills for leaders. Participants benefit from weekly coaching demonstrations, actionable tips, and practice opportunities. Weekly assignments with your peers provide you with the opportunity to practice and receive feedback on your coaching skills.

This program is led by Jennifer Britton, best-selling author and thought leader in the area of group and team coaching. She weaves in writing from her latest book, **From One to Many: Best Practices for Team and Group Coaching** (Jossey-Bass, 2013), with *practical, actionable tips* for leaders who coach.

## The program consists of four weekly calls focusing on coaching skills for leaders including:

### Week 1 - The Foundations of Coaching for Leaders

- Core Coaching Principles
- The Coaching Arc
- Identifying Coachable Moments
- Coaching Models

### Week 3 - Core Skills - Action and Awareness

- Core Coaching Skill - Supporting Action and Enhanced Awareness
- Coaching Demonstration
- Working with our own coaching examples

### Week 2 - Core Coaching Skills - Goal Setting, Listening, Questions

- Coaching and Peer Coaching Skills
- The Foundation - Goal Setting
- Communication skills - listening and questioning
- Demonstration

### Week 4 - Accountability - Follow-up and Follow-through

- Coaching and the Brain
- Core Coaching Skill - Accountability and Follow-through
- Coaching Demonstration
- Action Plan

*This program is one of the core Team Leadership Foundations Module, and can be taken separate from, or in combination with, the Teams365 Coaching Group. This program can also be customized for delivery at your organization.*

Questions? Contact Jennifer Britton at (416) 996-TEAM (8326)  
Or email at [info@potentialsrealized.com](mailto:info@potentialsrealized.com)  
Please register at <http://www.coachingteamleaders.com>